



Team Workshops

TEAM WORKSHOPS

A series of workshops will be scheduled during Term 2 & 3.

The intention of these workshops is to focus on how we can influence the way our team works together.

Team members are encouraged to attend with a:

- Positive intent
- Willingness to participate
- Commitment to take action

SOLUTIONS FOCUS (SF)

Developed from simple 'brief therapy' work of Steve de Shazer and Insoo Kim Berg, SF offers a new level of effectiveness to coaching.

Rather than identifying what's wrong or looking for barriers to progress, **the focus is simply on finding what works.** This simple approach has been found to be effective in organisations. It is now in use in many well-known organisations around the world, including (in the UK) Nationwide Building Society, Walkers Snackfoods and the BBC.

http://sfwork.com/pdf/Coaching%20with%20OSKAR.pdf

www.slidescarnival.com/help-use-presentation-template

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Context

How we work together







The Solutions Focus Approach - **find what** works and do more of it.

"The art of being wise is the art of knowing what to overlook."

William James, American philosopher.



Simple principle

- Solutions not problems
- In between the action is in the interaction, not individual
- Make use of what's there not what isn't
- Possibilities from past, present, future
- Language simply said
- Every case is different beware ill fitting theories

Process: What is wanted, what is working already, what is next







Work together as an effective team

What are your best hopes?

What difference would that make?



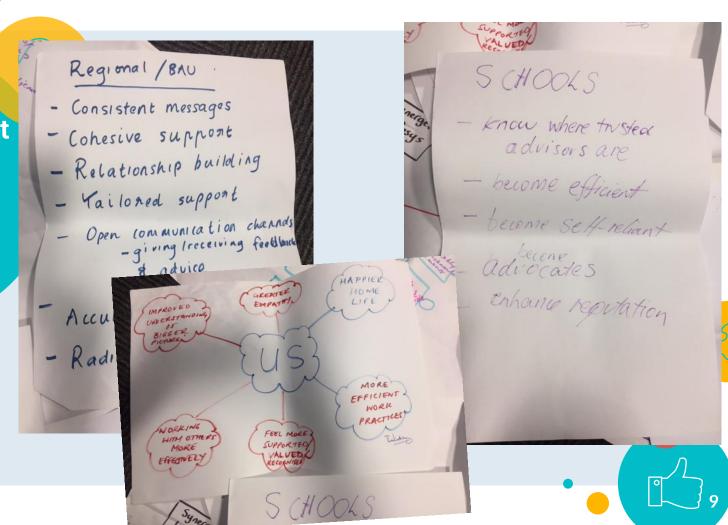
Best Hopes

Establishing the Platform for Change

Difference it would make



Who will benefit from us becoming a more effective team?

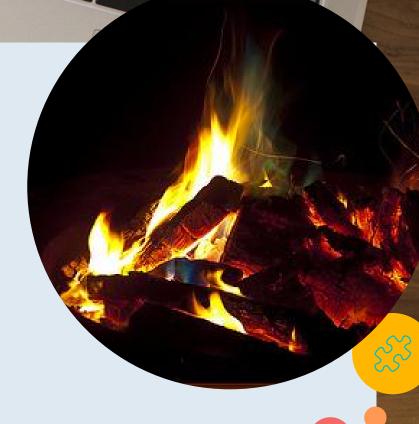




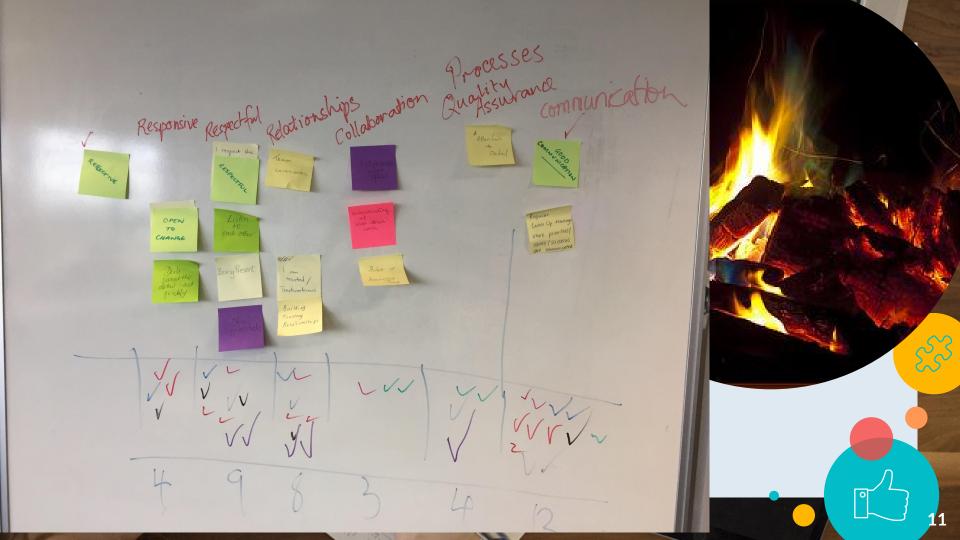
Hot Topics

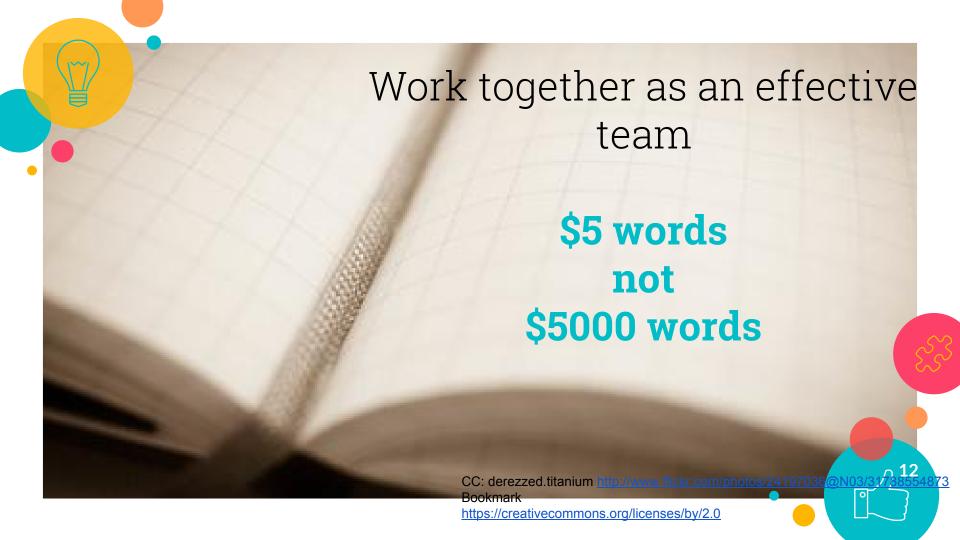
Things we must get right!

- Post it notes
- Bundle
- Categorise











Are we 'customers' for change?

Platform



Who is a customer, and for what?

- · What wants something to be different?
- Who is prepared to do something?
- What would be the benefit in moving forwards?
- · What is a good name for the project?



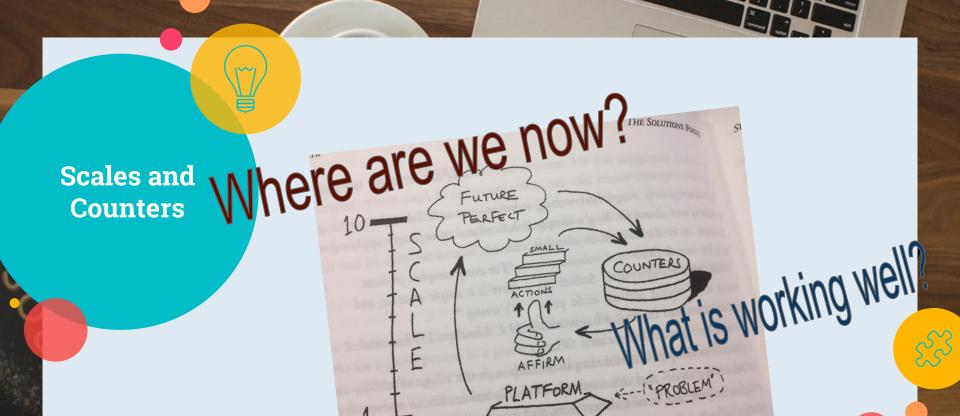




Future Perfect

What would 24 hours in the life of our team look like?









'find out what works and do more of it' (Jackson & McKergow. 2012, p. 205).



Small Steps



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...Significantly though, change comes not only from thinking but from acting; 'Note the emphasis on doing something differently – rather than just thinking, not doing and then feeling surprised that nothing happened' (Jackson & McKergow, 2012, p. 222)



'testing in the world and getting feedback, rather than musing in your head and appreciating more about what you are thinking,[which] is the pragmatic heart of the Solutions Focus' (Jackson & McKergow, 2012, p. 222).



Thanks!

Any questions?





Team Reflection

WWW:

- PROVIDED AN OPPORTUNITY FOR TEAM MEMBERS WHO DON'T USUALLY WORK TOGETHER TO DO SO,
- THE 'HOT TOPICS' AND PROTOCOL FOR PRIORITISING THEM WAS EFFECTIVE,
- TIME GIVEN TO 'PLATFORM' EXPLORING WHAT WE WANTED TO BE BETTER

EBI:

MORE TIME TO FOCUS ON 'FP' & THE DETAIL - (WAS TOO HIGH LEVEL - VISION)



Reflection discussion Facilitator & co-leader - where to next?

- A GREAT START TO TEAM BUILDING
- GOOD FEELING IN THE ROOM
- THE 'FP' WAS CONFUSED WITH VISIONING WORK WE HAVE DONE IN CHANGE2 COURSE. TOO ABSTRACT!
- WE NEED TO REVISIT THE ABOVE

FACILITATOR'S NEXT STEPS:

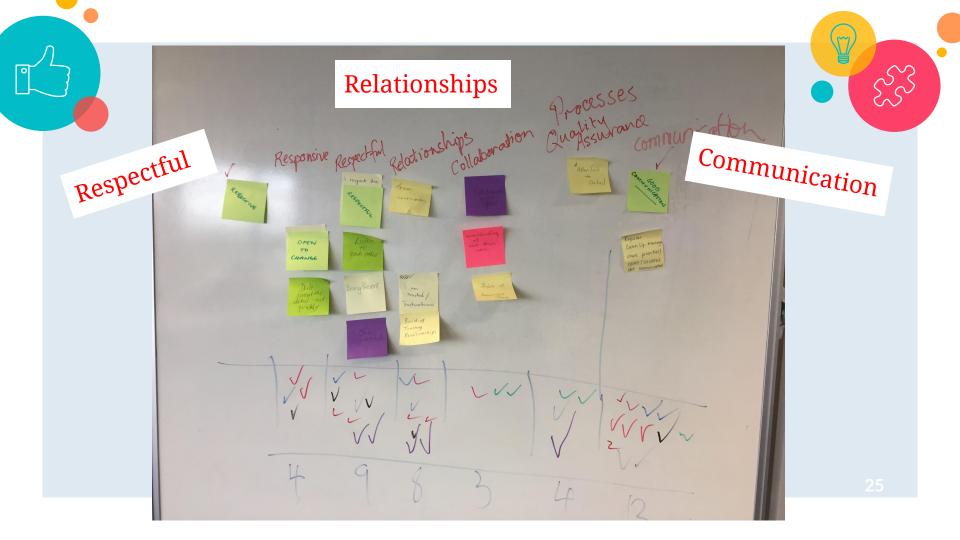
- EARS ACTIVITY (INSOO KIM BERG)
 - ELICIT SOMETHING THAT IS BETTER
 - O AMPLIFY ON THIS WOW TELL ME MORE
 - REINFORCE SOMETHING YOU ARE IMPRESSED WITH
- FUTURE PERFECT MORE SPECIFIC ABOUT THE THINGS WE WISH TO SEE UNDER EACH OF OUR HEADINGS
- SCALE ACTIVITY AGAIN BUT THIS TIME MULTI-SCALE ONCE WE HAVE BETTER DETAIL. EVERYONE COMMIT TO AN ACTION AND VERBALISE







"Work together as an effective team"





Scales and Where are We now? THE SOLUTIONS FOOT

ACTIONS

PLATFORM.







Small Steps



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'find out what works and do more of it' (Jackson & McKergow. 2012, p. 205).







What's better since last time?

- EARS activity
 - Elicit something that is better
 - Amplify on this Expand on this thing that's better
 - Reinforce Affirm something you are impressed with



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"Work together as an effective team"

Communication, Relationship, Respect

Future Perfect

In 6 months time if we meet again like this.

What is better? How do we notice things are better?

What are you most proud of?

BE SPECIFIC



Let's get specific

Communication

...connected to regions and diocese, JGH levels

2 way communication

Sharing important team information ...who's here; away; what's on

Weekly/daily update - standup

Collective problem solving approach - building capacity

Relationships

...building relationships through communication

Cohesiveness

Morning tea together

Lunch together

Informal chats

Seeking help

Respect

...inclusive

Keep informed

Sharing expertise and resources

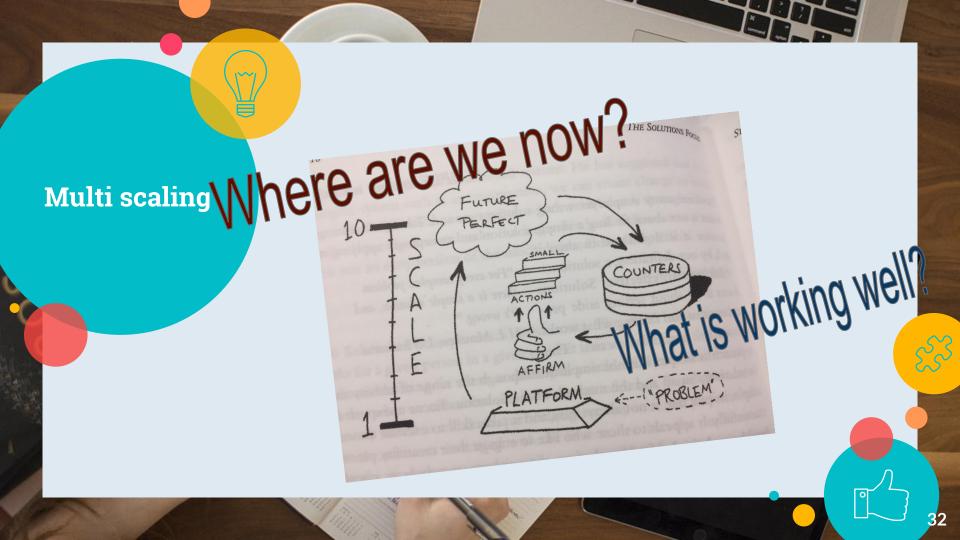
Active listening

Awareness of others - checking in

affirmation



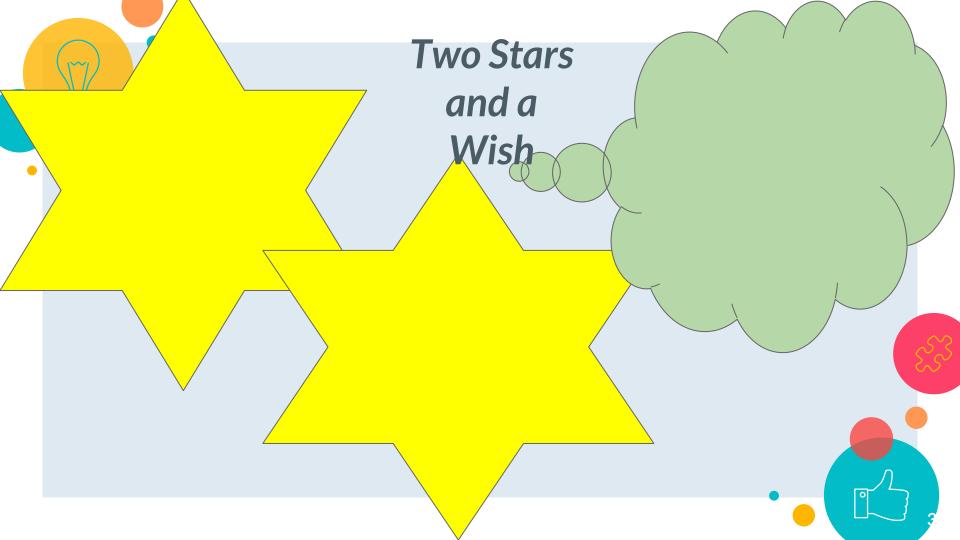


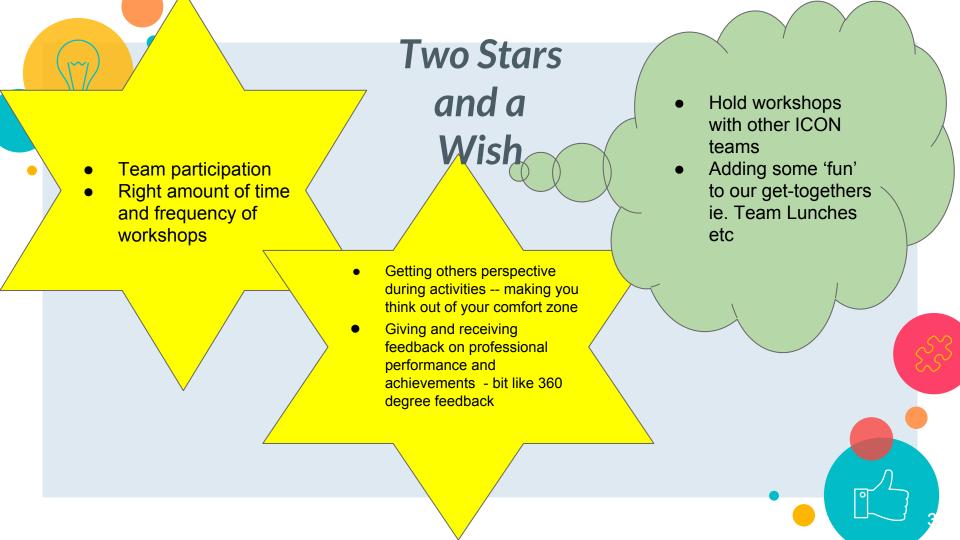


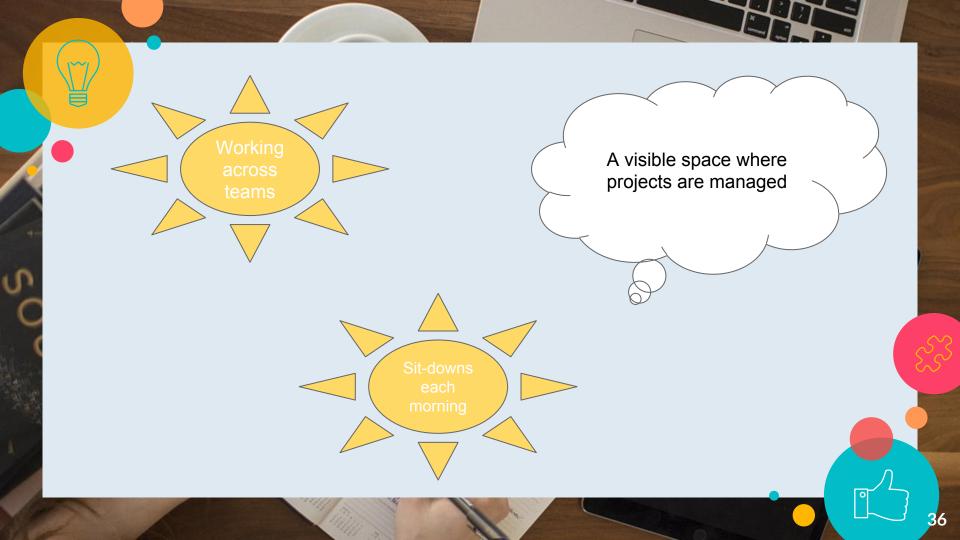
SF and Teams - The pragmatic heart

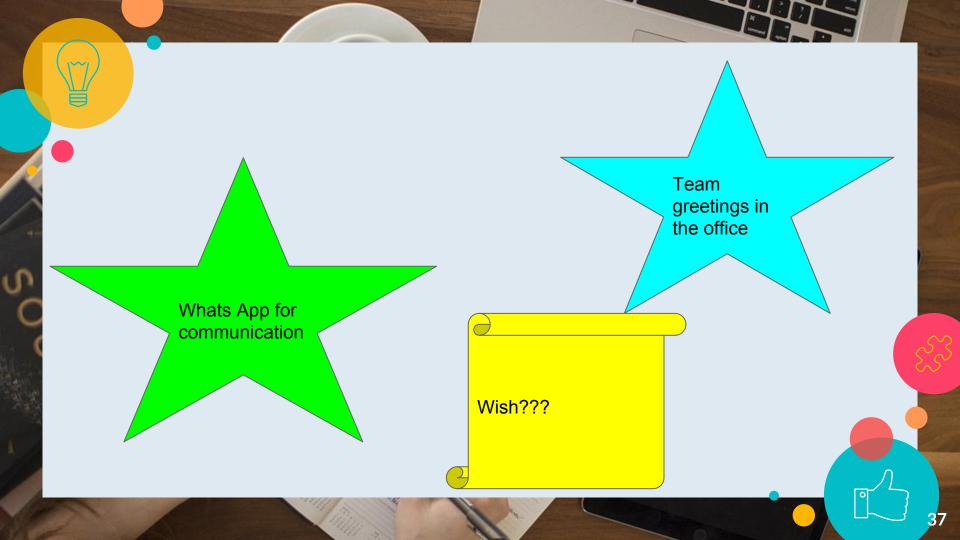
The focus is on "testing in the world and getting feedback, rather than musing in your head and appreciating more about what you are thinking..."

The Solutions Focus P.Z.Jackson & M. McKergow p222









Hearing from others - a different perspective

The 'team' approach is seen as important

Could we add some
'fun' to team
workshops? It can get a
bit serious - or
perhaps replace a
workshop with a team
lunch, something
informal and fun?



Facilitator & co-leader - Reflection on where to next...

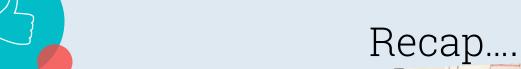
SOME TEAM MEMBERS ARE NOT SPECIFIC ENOUGH IN IDENTIFYING WHAT WE NEED TO DO IN DEVELOPING OUR THINGS WE NEED TO GET RIGHT.

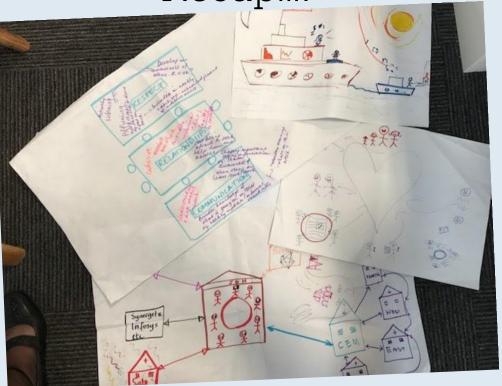
Facilitator's Next steps:

- REVIEW OUR SPECIFIC BEHAVIOURS THAT WE MUST GET RIGHT TO BECOME OUR CHARTER (PROVIDE A STRUCTURE)
- SF REFLECTING TEAM PROBLEM SOLVING ACTIVITY

 USING THE HANDOUT <u>SFRT</u> (.PDF), RUN A SOLUTION FOCUSED REFLECTING TEAM WITH A GROUP OF AT LEAST THREE OTHERS.
- AFFIRMS WITH TEAMS (P192 193 SF COACHING P. JACKSON & M.MCKERGOW)
- DISCUSS NEEDS, REQUESTS, IDEAS FOR FUTURE WORKSHOPS/ MEETINGS











Relationships

"Work together as an effective team"

Respectful

Communication



Let's get more specific from what we listed last time...

We <verb> enable display promote build demonstrate enact

Communication

By (list behaviours)

...connected to regions and diocese, JGH levels

2 way communication

Sharing important team information ...who's here; away; what's on-possibly use What's App

Weekly/daily update - standup

Collective problem solving approach - building capacity

Shared ICON Calendar







Let's get more specific from what we listed last time...

We <verb> enable display promote build demonstrate enact

Relationships

By (list behaviours)

...building relationships through communication

Cohesiveness

Morning tea together

Lunch together

Informal chats

Seeking help









Let's get more specific from what we listed last time... **We <verb>** enable display promote build demonstrate enact

Respect

By (list behaviours)

...inclusive

Keep informed

Sharing expertise and resources

Active listening

Awareness of others - checking in

affirmation









Let's get more specific...

We encourage clear

Communication

By

- Using a range of means of communication e.g. What's App, email, shared ICON calendar, formal/informal discussion
- Warmly greet one another each day
- Engaging in a stand up meeting at 9am each day on Mon/Wed/Fri;
- Holding additional meetings if something eventful needs to be communicated
- Actively participating in meetings and actively listening to others (regardless of whether or not the content directly affects you and/or the team)
- Sharing important team information (e.g. who's here/away; what's on) using What's App
- Positively and appropriately communicating with other CEM staff, regional and diocesan staff
- Approaching others with suitable expertise to seek input for collaborative problem solving and for building capacity

To Work together as an effective team



Let's get more specific

We foster relationships by

Appreciating team members for who they are and what they bring to the team

Ensuring there is clear communication

working towards a team consensus that appreciates other points of views

Including others

Valuing social connections within and outside of the team eg: lunches

Seeking assistance or perspective from other team members when needed







Let's get more specific

We show

Respect

By

Participating in and arriving on time to team meetings

Informing colleagues of our whereabouts and giving updates

Sharing expertise and resources

Actively listening to concerns of colleagues and helping where possible

Celebrating successes of colleagues

Using appropriate language and understanding boundaries











Stop & Reflect



SF Reflecting Team Problem Solving activity

Groups of 3





Affirms with Teams

What is it that makes you a valuable member of the team?



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Affirms with Teams

What is it that makes you a valuable member of the team?

What else?... up to ten times...

Alternative questions

- ☐ How does that show?
- What is the smallest sign of that?
- ☐ What do others appreciate?





Team Reflection

WWW

- COMING TOGETHER FORCES US TO STOP & FOCUS ON TEAM
- O ADEQUATE TIME GET IT DONE!
- METHOD TO INCREASE RELATIONSHIP PRODUCTIVITY RESPECT ENFORCES CHANGE FOR TEAM
- O INTERACTING WITH PEOPLE WE DON'T NORMALLY INTERACT WITH

EBI (IN THE FUTURE)

- THEY (WORKSHOPS) ARE NOT IN THE AFTERNOON -
- WE HAD MORE FUN (BALANCE OF ACTIVITY)
- WE HAD AN OPPORTUNITY TO DO THIS WITH THE WIDER ICON TEAM
- WE HAVE ICON FOCUSED FORUMS INVOLVING ALL OF ICON
- WE PERSEVERE WITH THESE WORKSHOPS
- WE HAD A MORNING TEA ONCE A MONTH OR LUNCH





Credits

Special thanks to all the people who made and released these awesome resources for free:

- Presentation template by <u>SlidesCarnival</u>
- Photographs by <u>Unsplash</u>





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